## **MECLIZINE**

## (Brand Names: Bonine, Antivert, Univert, Vertin-21)

STRENGTH: 12.5 mg, 25 mg

Many over-the-counter human products.

## ROUTE OF ADMINISTRATION: ORAL TABLET, SEE LABEL FOR INSTRUCTIONS.

- May be given with or without food.
- Give approximately 30-60 minutes before desired effect.
- Lasts approximately 6 hours..

**ACTION OF MEDICATION:** Meclizine is an antihistamine designed to emphasize its anti-nauseal properties.

## SIDE EFFECTS ARE NOT COMMON WITH THIS MEDICATION BUT YOU SHOULD KNOW WHAT HAS BEEN REPORTED.

**MOST COMMON SIDE EFFECTS REPORTED:** Drowsiness (as with most antihistamines). Increased heart rate, dry mouth (watch for increase in water consumption), eye dryness (watch for eye rubbing or excess blinking) are less common but still not regarded as side effects of concern.

**SEVERE SIDE EFFECTS REPORTED:** None reported, however, antihistamines should be used cautiously in patients with prostate enlargement or urinary obstruction, glaucoma, heart failure, or asthma.

**STORAGE:** Keep away from light and store at room temperature.

**IF YOU MISS A DOSE:** If meclizine has been prescribed for regular use, and a dose is skipped, do not double up on the next dose. Give the dose when it is remembered as long subsequent doses are at least 6-8 hours apart.

**OTHER INFORMATION:** Use of tricyclic antidepressants such as fluoxetine (Prozac®) can increase the likelihood of dry eyes, dry mouth, increased heart rate. Concurrent use of sedatives can create an additive effect leading to greater sedation than expected.

For a more detailed presentation, visit: